



HSHS

**THE GOOD SHEPHERD HOSPITAL
WILD FLOWER CAFÉ**

MENU SUBJECT TO CHANGE WITHOUT NOTICE

BREAKFAST 7:30-9:30 A.M. LUNCH 11 A.M.-1 P.M. DINNER 4-6 P.M.

OPEN TO THE PUBLIC

PICKUP CATERING ALSO AVAILABLE (217-774 ext. 2350)

(8)

JUNE 25

BACON

SCRAMBLED EGG

HARD BOILED EGG

COFFEE CAKE

POTATO PATTY

BAGEL

DANISH

LASAGNA

BREAD STICK

CHICKEN PATTY/BUN

SCANDINAVIAN VEG.

ROASTED CAULIFLOWER

DESSERT

BEEF STROGANOFF

PORK ROAST

BAKED POTATOES

SEASONED GREEN BEANS

BROCCOLI NORMANDY

DESSERT

(1)

JUNE 26, 2017

BREAKFAST

BACON

SCRAMBLED EGGS

HARD BOILED EGG

WESTERN OMELET

CHEESY HASHBROWNS

BAGEL

DANISH

LUNCH

TURKEY TETRAZZINI

FRIED CATFISH

MASHED POTATOES

ROASTED BRUSSELS SPROUTS

CORN

DESSERT

DINNER

ROAST TURKEY

SPAGHETTI

BREAD STICK

CARROTS

WINTER BLEND

DESSERT



(2)

JUNE 27

**BACON
SCRAMBLED EGG
HARD BOILED EGG
POTATO PATTY
FRENCH TOAST
BISCUIT
SAUSAGE GRAVY
BAGEL
DANISH**

**ITALIAN BEEF
PORK CHOP
MASHED POTATOES
WINTER BLEND
LIMA BEANS
DESSERT**

**CHICKEN & NOODLES
MACARONI & CHEESE
MASHED POTATOES
PEAS & CARROTS
BROCCOLI
DESSERT**

(3)

JUNE 28

**BACON
SCRAMBLED EGGS
HARD BOILED EGG
CHEESY HASHBROWNS
WESTERN OMELET
BAGEL
DANISH**

**PORK ROLL-UP
CHICKEN & NOODLES
MASHED POTATOES
ROASTED CAULIFLOWER
PEAS
DESSERT**

**BEEF STEW/BISCUIT
BAKED CHICKEN
MASHED POTATOES
SEASONED GREEN BEANS
CORN
DESSERT**

(4)

JUNE 29, 2017

**BREAKFAST
BACON
SCRAMBLED EGG
HARD BOILED EGG
BISCUIT
SAUSAGE GRAVY
POTATO PATTY
BAGEL
DANISH**

**LUNCH
TACO SALAD
BAKED POTATO TOPPER
BROCCOLI
SEASONED GREEN BEANS
DESSERT**

**DINNER
BBQ PORK/BUN
BEEF & NOODLES
MASHED POTATOES
SPINACH
PEAS
DESSERT**



(5)

JUNE 30

BACON

SCRAMBLED EGGS

HARD BOILED EGG

PANCAKE

SAUSAGE LINK

POTATO PATTY

BAGEL

DANISH

CATFISH

TURKEY CLUB SANDWICH

OVEN BROWNED POTATOES

ROASTED BRUSSEL SPROUTS

CARROTS

DESSERT

HAM & BEANS

CORNBREAD

MEAT LOAF

MASHED POTATOES

SCANDINAVIAN VEG.

CORN

DESSERT

(6)

JULY 1, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

FRENCH TOAST

POTATO PATTY

BAGEL

DANISH

PORK CUTLET

HAMBURGER/BUN

MASHED POTATOES

SEASONED GREEN BEANS

ROASTED BROCCOLI

DESSERT

HAMBURGER MAC CASSEROLE

FISH/BUN

SCALLOPED POTATOES

PEAS & CARROTS

CAULIFLOWER

DESSERT

(7)

JULY 2, 2017

BREAKFAST

BACON

SCRAMBLED EGGS

HARD BOILED EGG

COFFEE CAKE

POTATO PATTY

BAGEL

DANISH

LUNCH

HOT TURKEY SANDWICH/GRAVY

COUNTRY FRIED STEAK

MASHED POTATOES

BUTTERED CARROTS

SPINACH

DESSERT

DINNER

CHICKEN & NOODLES

HOT BEEF MANHATTAN

MASHED POTATOES

CREAMED PEAS

BRUSSELS SPROUTS

DESSERT



(8)

JULY 3

BACON

SCRAMBLED EGGS

HARD BOILED EGG

CHEESY HASHBROWNS

BAGEL

DANISH

LASAGNA

BREAD STICK

HOTDOG/BUN

CURLEY FRIES

SCANDINAVIAN VEG.

WINTER BLEND

DESSERT

BEEF STROGANOFF

ROAST PORK

BAKED POTATO

LIMA BEANS

BROCCOLI NORMANDY

DESSERT



(1)

JULY 4

BACON

SCRAMBLED EGGS

HARD BOILED EGG

POTATO PATTY

BISCUIT

SAUSAGE GRAVY

BAGEL

DANISH

TURKEY TETRAZZINI

SALISBURY STEAK

MASHED POTATOES

ROASTED BRUSSELS SPROUTS

CORN

DESSERT

ROAST TURKEY

DRESSING

SPAGHETTI

BREAD STICK

BROCCOLI

SEASONED GREEN BEANS

DESSERT



(2)

JULY 5, 2017

BREAKFAST

BACON

SCRAMBLED EGGS

HARD BOILED EGG

FRENCH TOAST

CINNAMON ROLL

BAGEL

LUNCH

PORK CHOP

BRAT/BUN

BAKED POTATO

ROASTED WINTER BLEND

LIMA BEANS

DESSERT

DINNER

ROAST BEEF

MACARONI & CHEESE

MASHED POTATOES

PEAS & CARROTS

SCANDINAVIAN VEG.

DESSERT

(3)

JULY 6

BACON

SCRAMBLED EGG

HARD BOILED EGG

WESTERN OMELET

BISCUIT

SAUSAGE GRAVY

BAGEL

DANISH

OVEN FRIED CHICKEN

TUNA NOODLE CASSEROLE

MASHED POTATOES

ROASTED CAULIFLOWER

CORN

DESSERT

BEEF STEW/BISCUIT

FRIED CATFISH

MASHED POTATOES

BRUSSELS SPROUTS

PEAS

DESSERT

(4)

JULY 7

BACON

SCRAMBLED EGG

HARD BOILED EGG

APPLE TURNOVER

POTATO PATTY

BAGEL

DANISH

HOT BEEF MANHATTAN

CHICKEN TENDERS/GRAVY

MASHED POTATOES

ROASTED BROCCOLI NORMANDY

SEASONED GREEN BEANS

DESSERT

BBQ PORK/BUN

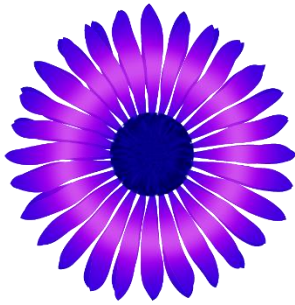
BEEF & NOODLES

MASHED POTATOES

CORN

BROCCOLI

DESSERT



(5)

JULY 8, 2017

BREAKFAST

BACON

SCRAMBLED EGG

HARD BOILED EGG

PANCAKE

SAUSAGE LINK

POTATO PATTY

BAGEL

DANISH

LUNCH

ITALIAN CHICKEN BREAST

HAMBURGER/BUN

OVEN BROWNED POTATOES

ROASTED BRUSSELS SPROUTS

CARROTS

DESSERT

DINNER

HAM & BEANS

CORNBREAD

MEAT LOAF

MASHED POTATOES

SCANDINAVIAN VEG.

WINTER BLEND

DESSERT

(6)

JULY 9, 2017

BACON

SCRAMBLED EGGS

HARD BOILED EGG

FRENCH TOAST

POTATO PATTY

BAGEL

DANISH

PORK CUTLET

SPAGHETTI

BREAD STICK

MASHED POTATOES

ROASTED BROCCOLI

SEASONED GREEN BEANS

DESSERT

HAMBURGER MAC CASSEROLE

FISH/BUN

SCALLOPED POTATOES

CAULIFLOWER

DESSERT

(7)

JULY 10, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

**(PANCAKE SAUSAGE/
STICK)**

POTATO PATTY

BAGEL

DANISH

TURKEY ROLL-UP

PORK ROLL-UP

CURLEY FIRES

CARROTS

BROCCOLI

HOT STEWED APPLES

DESSERT

CHICKEN & NOODLES

HOT BEEF MANHATTAN

MASHED POTATOES

CREAMED PEAS

BRUSSELS SPROUTS

DESSERT



(8)

JULY 11, 2017

BREAKFAST

BACON

SCRAMBLED EGG

COFFEE CAKE

CHEESY HASHBROWN

BISCUIT

SAUSAGE GRAVY

BAGEL

DANISH

LUNCH

LASAGNA

BREAD STICK

MEAT LOAF

MASHED POTATOES

CORN

SCANDINAVIAN VEG.

DESSERT

DINNER

BEEF STROGANOFF

ROAST PORK

BAKED POTATO

CARROTS

BROCCOLI NORMANDY

DESSERT

(1)

JULY 12, 2014

BACON

SCRAMBLED EGG

HARD BOILED EGG

WESTERN OMELET

FRIED POTATOES

BAGEL

DANISH

STEAK SANDWICH

TURKEY TETRAZZINI

MASHED POTATOES

ROASTED BRUSSELS SPROUTS

SEASONED GREEN BEANS

DESSERT

ROAST TURKEY

DRESSING

SPAGHETTI

BREAD STICK

CAULIFLOWER

LIMA BEANS

DESSERT

(2)

JULY 13, 2014

BACON

SCRAMBLED EGG

HARD BOILED EGG

FRENCH TOAST

SAUSAGE LINK

BISCUIT

SAUSAGE GRAVY

BAGEL

DANISH

BBQ PORK/BUN

SPAGHETTI

BREAD STICK

BAKED POTATO

WINTER BLEND

LIMA BEANS

DESSERT

ROAST BEEF

MACARONI & CHEESE

MASHED POTATOES

PEAS & CARROTS

CORN

DESSERT



(3)

JULY 14, 2017

**BREAKFAST
BACON
SCRAMBLED EGG
HARD BOILED EGG
POTATO PATTY
PANCAKE
BAGEL
DANISH**

**LUNCH
CHEF SALAD
CHICKEN TENDERS/GRAVY
MASHED POTATOES
ROASTED CAULIFLOWER
PEAS
DESSERT**

**DINNER
BEEF STEW/BISCUIT
BAKED CHICKEN
MASHED POTATOES
SEASONED GREEN BEANS
WINTER BLEND VEG.
DESSERT**

(4)

JULY 15

**BACON
SCRAMBLED EGG
HARD BOILED EGG
COFFEE CAKE
POTATO PATTY
BAGEL
DANISH**

**FISH/BUN
CHICKEN POT PIE/BISCUIT
CURLEY FRIES
SEASONED GREEN BEANS
BROCCOLI NORMANDY
DESSERT**

**BBQ PORK/BUN
BEEF & NOODLES
MASHED POTATOES
SPINACH
PEAS
DESSERT**

(5)

JULY 16

**BACON
SCRAMBLED EGG
HARD BOILED EGG
PANCAKE
POTATO PATTY
BAGEL
DANISH**

**TURKEY CLUB SANDWICH
COUNTRY FRIED STEAK
MASHED POTATOES
ROASTED BRUSSELS SPROUTS
CARROTS
DESSERT**

**HAM & BEANS
CORNBREAD
MEAT LOAF
MASHED POTATOES
SCANDINAVIAN VEG.
BROCCOLI
DESSERT**



(6)

JULY 17, 2017

BREAKFAST

BACON

SCRAMBLED EGGS

HARD BOILED EGG

FRENCH TOAST

POTATO PATTY

BAGEL

DANISH

LUNCH

CATFISH

PORK CUTLET

MASHED POTATOES

SEASONED GREEN BEANS

ROASTED BROCCOLI

DESSERT

DINNER

HAMBURGER MAC. CASSEROLE

CHICKEN TENDERS/GRAVY

SCALLOPED POTATOES

PEAS & CARROTS

CAULIFLOWER

DESSERT

(7)

JULY 18, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

CHERRY TURNOVER

BISCUIT

SAUSAGE GRAVY

BAGEL

DANISH

HOT TURKEY SANDWICH/GRAVY

BBQ PORK/BUN

MASHED POTATOES

BUTTERED CARROTS

SPINACH

HOT STEWED APPLES

DESSERT

CHICKEN & NOODLES

HOT BEEF MANHATTAN

MASHED POTATOES

CREAMED PEAS

BRUSSELS SPROUTS

DESSERT

(8)

JULY 19, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

COFFEE CAKE

POTATO PATTY

BAGEL

DANISH

EASY PASTA

ITALIAN CHICKEN BREAST

BREAD STICK

OVEN BROWNED POTATOES

SCANDINAVIAN VEG.

ROASTED CAULIFLOWER

DESSERT

BEEF STROGANOFF

ROAST PORK

BAKED POTATO

CARROTS

BROCCOLI NORMANDY

DESSERT



(1)

JULY 20, 2017

BREAKFAST

**BACON
SCRAMBLED EGGS
HARD BOILED EGG
BISCUIT
SAUSAGE GRAVY
FRIED POTATOES
BAGEL
DANISH**

LUNCH

**CHICKEN CORDON BLU
SALISBURY STEAK
MASHED POTATOES
ROASTED BRUSSELS SPROUTS
CORN
DESSERT**

DINNER

**ROAST TURKEY
DRESSING
SPAGHETTI
BREAD STICK
ROASTED BROCCOLI
SEASONED GREEN BEANS
DESSERT**

(2)

JULY 21, 2017

**BACON
SCRAMBLED EGGS
HARD BOILED EGG
FRENCH TOAST
SAUSAGE LINK
POTATO PATTY
BAGEL
DANISH**

**PORK CHOP
OVEN FRIED CHICKEN
BAKED POTATO
ROASTED WINTER BLEND
LIMA BEANS
DESSERT**

**ROAST BEEF
MACARONI & CHEESE
MASHED POTATOES
PEAS & CARROTS
WINTER BLEND
DESSERT**

(3)

JULY 22

**BACON
HARD BOILED EGG
FRENCH TOAST
POTATO PATTY
BAGEL
DANISH**

**TUNA NOODLE CASSEROLE
SPAGHETTI
BREAD STICK
SWEET POTATOES
ROASTED CAULIFLOWER
PEAS
DESSERT**

**BEEF STEW/BISCUIT
BAKED CHICKEN
MASHED POTATOES
SEASONED GREEN BEANS
CORN
DESSERT**



(4)

JULY 23, 2017

BREAKFAST

BACON

SCRAMBLED EGG

HARD BOILED EGG

COFFEE CAKE

POTATO PATTY

BAGEL

DANISH

LUNCH

FISH SANDWICH

MACARONI & CHEESE

ROASTED BROCCOLI NORMANDY

SEASONED GREEN BEANS

DESSERT

DINNER

BBQ PORK/BUN

BEEF & NOODLES

MASHED POTATOES

SPINACH

PEAS

DESSERT

(5)

JULY 24, 2017

BACON

SCRAMBLED EGGS

HARD BOILED EGG

PANCAKE

SAUSAGE LINK

CHEESY HASHBROWNS

BAGEL

DANISH

BRAT/BUN

ROAST BEEF

MASHED POTATOES

BRUSSELS SPROUTS

CARROTS

DESSERT

HAM & BEANS

CORNBREAD

MEAT LOAF

MASHED POTATOES

SCANDINAVIAN VEG.

DESSERT

(6)

JULY 25, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

FRENCH TOAST

BISCUIT

SAUSAGE GRAVY

POTATO PATTY

BAGEL

DANISH

PORK CUTLET

PIZZA

MASHED POTATOES

SEASONED GREEN BEANS

ROASTED BROCCOLI

DESSERT

HAMBURGER MAC CASS.

FISH/BUN

SCALLOPED POTATOES

PEAS & CARROTS

CAULIFLOWER

DESSERT



(7)

JULY 26, 2017

BREAKFAST

BACON

SCRAMBLED EGG

HARD BOILED EGG

CHERRY TURNOVER

FRIED POTATOES

BAGEL

DANISH

LUNCH

HOT TURKEY SANDWICH

PATTY MELT

MASHED POTATOES

BUTTERED CARROTS

ROASTED WINTER BLEND

DESSERT

DINNER

CHICKEN & NOODLES

HOT BEEF MANHATTAN

MASHED POTATOES

BRUSSELS SPROUTS

CREAMED PEAS

DESSERT

(8)

JULY 27, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

POTATO PATTY

BISCUIT

SAUSAGE GRAVY

BAGEL

DANISH

LASAGNA

BREAD STICK

ITALIAN CHICKEN BREAST

MASHED POTATOES

SCANDINAVIAN VEG.

SEASONED GREEN BEANS

DESSERT

BEEF STROGANOFF

ROAST PORK

BAKED POTATO

CARROTS

BROCCOLI NORMANDY

DESSERT

(1)

JULY 28, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

CINN. RAISIN BISCUIT

FRIED POTATOES

BAGEL

DANISH

CHILI DOG/BUN

TURKEY TETRAZZINI

MASHED POTATOES

ROASTED BRUSSELS SPROUTS

CORN

DESSERT

ROAST TURKEY

DRESSING

SPAGHETTI

BREAD STICK

LIMA BEANS

BROCCOLI



(2)

JULY 29, 2017

BREAKFAST

BACON

SCRAMBLED EGG

HARD BOILED EGG

FRENCH TOAST

SAUSAGE LINK

BAGEL

DANISH

LUNCH

PORK CHOP

CHICKEN & NOODLES

BAKED POTATO

WINTER BLEND

LIMA BEANS

DESSERT

DINNER

ROAST BEEF

MACARONI & CHEESE

MASHED POTATO

PEAS & CARROTS

WINTER BLEND VEG.

DESSERT

(3)

JULY 30, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

COFFEE CAKE

POTATO PATTY

BAGEL

DANISH

CHICKEN TENDERS/GRAVY

BAKED POTATO TOPPER

ROASTED CAULIFLOWER

BROCCOLI

DESSERT

BEEF STEW/BISCUIT

BAKED CHICKEN

MASHED POTATOES

SEASONED GREEN BEANS

CORN

DESSERT

(4)

JULY 31, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

WESTERN OMELET

SAUSAGE LINK

BAGEL

DANISH

TACO SALAD

EASY PASTA

BREAD STICK

ROASTED BROCCOLI NORMANDY

BRUSSELS SPROUTS

DESSERT

BBQ PORK/BUN

BEEF & NOODLES

MASHED POTATOES

SPINACH

PEAS

DESSERT



(5)

AUGUST 1, 2017

BREAKFAST

BACON

SCRAMBLED EGGS

HARD BOILED EGG

BISCUIT

SAUSAGE GRAVY

CHEESY HASHBROWNS

BAGEL

DANISH

LUNCH

BRAT/BUN

SWEET & SOUR CHICKEN

RICE

BBQ CURLEY FIRES

SEASONED GREEN BEANS

CARROTS

DESSERT

DINNER

HAM & BEANS

CORNBREAD

MEAT LOAF

MASHED POTATOES

SCANDINAVIAN VEG.

CORN

DESSERT

(6)

AUGUST 2, 2017

BACON

SCRAMBLED EGG

HARD BOILED EGG

FRENCH TOAST

CHERRY TURNOVER

BAGEL

DANISH

PORK CUTLET

ITALIAN CHICKEN BREAST

MASHED POTATOES

ROASTED BROCCOLI

LIMA BEANS

DESSERT

HAMBURGER MAC. CASS.

BRAT/BUN

SCALLOPED POTATOES

PEAS & CARROTS

ROASTED CAULIFLOWER

DESSERT

(7)

AUGUST 3, 2017

BACON

SCRAMBLED EGGS

HARD BOILED EGG

BISCUIT

SAUSAGE GRAVY

BAGEL

DANISH

HOT TURKEY SANDWICH/GRAVY

FRIED CATFISH

MASHED POTATOES

CARROTS

ROASTED BRUSSELS SPROUTS

DESSERT

CHICKEN & NOODLES

HOT BEEF MANHATTAN

MASHED POTATOES

CREAMED PEAS

CALIFORNIA BLEND VEG.

DESSERT



(8)

AUGUST 4, 2017

BREAKFAST

**BACON
SCRAMBLED EGG
HARD BOILED EGG
COFFEE CAKE
SAUSAGE LINK
BAGEL
DANISH**

LUNCH

**LASAGNA
BREAD STICK
HAM & BEANS
CORNBREAD
SEASONED GREEN BEANS
DESSERT**

DINNER

**BEEF STROGANOFF
ROAST PORK
BAKED POTATO
LIMA BEANS
BROCCOLI NORMANDY
DESSERT**

(1)

AUGUST 5, 2017

**BACON
SCRAMBLED EGG
HARD BOILED EGG
BISCUIT
SAUSAGE GRAVY
BAGEL
DANISH**

**SALISBURY STEAK
TURKEY TETRAZZINI
MASHED POTATOES
ROASTED BRUSSELS SPROUTS
CORN
DESSERT**

**ROAST TURKEY
DRESSING
SPAGHETTI
BREAD STICK
CARROTS
CAULIFLOWER
DESSERT**

(2)

AUGUST 6, 2017

**BACON
SCRAMBLED EGG
HARD BOILED EGG
COFFEE CAKE
FRENCH TOAST
BAGEL
DANISH**

**PORK CHOP
CHICKEN TENDERS/GRAVY
MASHED POTATOES
ROASTED WINTER BLEND
LIMA BEANS
DESSERT**

**ROAST BEEF
MACARONI & CHEESE
MASHED POTATOES
PEAS & CARROTS
SEASONED GREEN BEANS
DESSERT**